

Ruud Kleinpaste (The Bug Man) Visits Paparoa Primary School



The brave wee souls at Paparoa Primary School got up close and personal with an assortment of creepy-crawlies in early August.

See the back cover for more school news.







Job Done! Twin Streams- Wai Oranga Rua A Reality

Paparoa's largest residential subdivision for a very long time has become a reality. With titles issued and 22 of the 29 lots sold it should not be long before new dwellings start appearing on the land adjacent to Paparoa village.



The Paparoa Community Charitable Trust is a group of locals who had a vision of providing retirement size sections to cater for seniors who were looking to downsize while remaining in their community. The result is 14 retirement lots in Manaaki Circle and 15 larger residential lots on Arahanga Drive.

The original idea for a retirement village came as far back as 2008 when Mary Stevens, Graham Taylor and Barry Baines walked over the land off Franklin Rd belonging to Derek Hames Ltd and considered its suitability for development. The Global Financial Crisis intervened, and the idea was put on the

back burner. In 2014, Progressive Paparoa Inc revived the concept and established a steering group, bringing in further individuals and expertise. With PPI funding, the Steering Group determined that there was demand for retirement housing and the concept should be financially viable. Other village models were looked at and a range of ideas developed. Paparoa Lions

undertook a survey that showed there was strong community support.

Paparoa Community Charitable Trust



(PCCT) was formed in 2016 with the sole aim of establishing retirement living in Paparoa. The original trustees were Graham Taylor, Don Hargrave, Wayne Birt, Melinda Birt, Derek Birt, Pete Hames, Ken Chambers, Norm Holloway, Sharlene Lord and Graham Donald. They have held over 100 meetings and faced numerous challenges to bring this vision to reality.

A Gala Dinner in July 2017 helped raise awareness with follow up presentations *Continued on page 2...*



Paparoa Press 🖭

PUBLISHED MONTHLY BY

Progressive Paparoa Inc. (PPI), for Paparoa, Pahi, Matakohe, Whakapirau and Tinopai.

CIRCULATION 1,050

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...continued from page 1...

to the Lions Annual Pioneer The trust was Luncheon. fortunate in obtaining seed funding from three Preferential Purchasers who were willing put money into the development up front and at risk. There was also a very generous cash donation. This enabled PCCT to apply for a resource consent from KDC. A sale agreement for a parcel of 9.6ha of land belonging to Derek Hames Ltd was agreed on favourable terms.

Δs а community driven project entities numerous were consulted. Iwi gave their blessing, archaeologists determined there were no historic artifacts on the site, geotechnical engineers examined

the land for suitable building sites. Panel discussions determined suitable road names for recommendation to Council.

Once a concept design had been developed a Marketing Plan was put to local real estate agents, First National and Ray White. GJ Gardner came on board with possible house designs. Amazingly, sales took off just from the plans. With these deposits the trust had confidence to seek outside funding and when traditional sources declined to assist, a number of Angel Investors came on board. With sufficient funds in hand the trust engaged professionals and contractors to enable the construction of the civil works. Unfortunately, a number of factors have delayed the project, but the civil works are now finished, including a new footbridge across the creek completing a delightful public walkway along the esplanade back onto Paparoa Valley Rd.

Finally in July this year the long-awaited titles came through allowing the trustees to breathe a sigh of relief. At



this time, twenty-two lots have new owners, a number of whom are raring to get on with establishing their new homes.

The trustees are extremely satisfied to present development to the community of Paparoa. It is unique in that the trust is a not for profit, charitable trust. The trustees have given their time to bring their vision of retirement living to Paparoa. Whilst not quite a retirement village in the traditional sense, the communal assets of Manaaki Circle will be governed by a Residents' Association with a Community Centre for gatherings. Paparoa will have 29 new dwellings right next to the village. The effects of this growth will be felt throughout the community.

PCCT wishes to thank a very wide range of individuals and entities who have contributed to making Twin Streams Wai Oranga Rua a reality. They will be officially thanked at an Opening Ceremony to be held on Saturday 24 September at 2pm at Manaaki Circle. The public are cordially invited to attend.

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Paparoa Progressive Inc (PPI) Presents

Meet the Candidates

Wednesday 14th Sept 7pm Paparoa Memorial Hall

Each Candidate will have a 3min opportunity to present.

Next written questions from the floor will be presented to each candidate with 1 min to reply each.

If time allows, questions to specific candidates will follow.

The evening will conclude with light refreshments and an opportunity to mingle at 9pm.

A reminder to our contributors!

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns.

Opinions expressed in Paparoa Press are the author's own and not necessarily those of the

editorial team or PPI.

REMEMBER! Either way it's 20k
When passing a stationary school bus



KDC Elections

Thirty candidates are confirmed for Kaipara District Council's local elections on 8 October.

The candidates include six for Mayor and 24 for Councillor positions.

Councillor candidate nominations include seven nominations for Mangawhai-Kaiwaka General Ward, four nominations for Otamatea General Ward, five nominations for Te Moananui o Kaipara Māori Ward and eight nominations for the Wairoa General Ward.

The candidates are (alphabetically by surname):

Mavor

- Victoria Del La Varis-Woodcock
- Craig Eldon Jepson
- Karen Joyce-Paki
- Brenden Nathan
- Ash Nayyar
- Gordon Walker

Otamatea General Ward (two positions)

- Graham Allott
- Ron Manderson
- Chris Worzel Sellars
- Mark Gregory Vincent

Te Moananui o Kaipara Māori Ward (one position)

- Henry Anthony Holyoake
- Phillip Johnson
- Brenden Nathan
- Pera Paniora
- Paturiri Toautu

The Paparoa area falls into the Otamatea General Ward - if you wish to see the full list of candidates for other wards they can be found on the website below.

Progressive Paparoa Inc are holding a "Meet the Candidates" evening on Wednesday 14 September at 7pm at Paparoa Memorial Hall

The format will be a 3 minute per candidate opportunity to speak and present themselves and their policies. This will be followed by a session of written questions from the floor with candidates having 1 minute to answer. If time allows there may be questions directed at a specific candidate.

They aim to finish by 9pm followed by light refreshments and a chance for candidates to mix and mingle with the crowd.

Voters can expect to receive their voting papers in the mail from Friday 16 September. Voters who have updated their details or enrolled after Friday 12 August will need to cast a special vote. Voting closes at 12 noon on Saturday 8 October.

Find out more about local elections in Kaipara at kaipara. govt.nz/council/local-elections

Drama Unfolding

Rehearsals are underway for the next production at Otamatea Repertory Theatre, directed by Tinopai resident Sheri O'Neill. "The Revlon Girl", written by Neil Anthony Docking, is set eight months following the Aberfan mine disaster of 1966 (in which 144 people were killed; 116 of them children). The play tells the story of a group of bereaved mothers who met every week above a local hotel to talk, cry and even laugh. Performance dates will be late October\early November.

More information in the October Paparoa Press.

PAPAROA PLAYCENTRE IS HAVING AN OPEN DAY 1ST SEPTEMBER 2022



Do you want to see and be part of how your child learns and develops through play? Playcentre is a parent-run, child-led ECE provider for children 0-6 years. See children delight in their surroundings- play with them, alongside them, and encourage them to interact with others while you meet other parents and educators.

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> (bring a change of clothes for your children)





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Kauri Museum Open Day Celebrates 60 Years

The Kauri Museum's first open day since Covid will be held on Saturday October 15 from 10am-5pm. The Kauri Heritage Festival will celebrate 60 years since the Museum's opening, and is a celebration of kauri, settlers, forests, the harbour and the Kaipara Community. With no admission charge for the day, the Festival is being promoted to local families and to those further away as a great chance to experience all the Museum has to offer.





Images, clockwise from above: The Kauri Museum taking shape: digging the foundations in for the original 1962 building, which is now the entrance and gift shop; the Matakohe School being moved to the Museum site; and founder Mervyn Sterling and his wife Helen in the door of the Museum.

Grant ONeill







Market Bites

The market is continually evolving as people come on board and some depart. That's the nature of a marketplace.

New stalls recently include Pukeatua Woodcraft with a very professional array of handcrafted cutting boards, serving platters and signs.

Pania Campbell is a wizard at creating individual pieces that really stand out. Made from native and recycled wood these products make excellent gifts or would fit perfectly on any table. Pania can custom make to your design or preference.

Neville and Jonna have a food trailer with seafood chowder. hangi food and mussel fritters to add to the mix of ready to eat food available. It is takeaway or eat on the spot.

The market often has different groups raising funds for local causes. If you have a fundraiser there is no stall fee. Recently the Paparoa Youth Group held a bake sale.

Music provides a relaxing vibe at the market, and we are fortunate to have great talent around. If you have a hankering to display your talents or you can encourage someone to join with you, please contact the manager. The market pays \$50 per morning, and you can put the hat out as well.



If you are thinking of supporting your income with a market stall the Paparoa Farmers Market is a great way to achieve your goal. Just remember it's a Farmers Market so products grown or made from local materials have precedence. Currently there is a gap for fresh vegetables and fruit. If you have surplus fruit on your trees why not sell them at the market? Even for a short season your surplus will reach a wider market. Just check with the manager that your products fit the bill.

PPI

THE KAURI MUSEUM 60th Birthday-Open Day Kauri Heritage Festival Saturday 15 October 2022 10AM-5PM A Celebration of Kauri, Settlers, Forests, the Harbour, & the Kaipara Community. MATAKOHE POST * TELEGRAPH OFFICE Fonterra

COMMUNITY CHAMPION

Graham Taylor

Graham says that volunteering is probably in his DNA as he first volunteered as a teacher with VSA in Malaysia when he was 18.

Since coming to this district at age 23 he has been involved with Maungaturoto Scouts, Otamatea High School BOT and more recently with a number of Paparoa organisations.



The fifteen years as a director of NZ Pork and nine years as a Kaipara District councilor have been a great grounding in governance. However, it's the local organisations that give Graham the greatest satisfaction. He says "being able to contribute to my local community is just so rewarding. However, nothing can be achieved without a great team and all the organisations I'm involved with work so well."

He says that he is fortunate Sally is a supportive and (usually) tolerant wife and his farm staff don't mind him disappearing for hours at a time. He hopes that younger



people will take up the reins and continue to make Paparoa the positive community that it is now. "There is so much talent around the future looks great for Paparoa".



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Warning As Spring Burning Season Looms

Northlanders are being asked to be courteous and follow the rules- or risk fines and other penalties as the spring burning season looms.

Tess Dacre, Compliance Monitoring Manager, says in a typical year roughly a quarter of all calls to the Northland Regional Council's 24/7 environmental hotline involve complaints about burning and/or associated smoke nuisance.

"Burning unwanted vegetation and other waste material typically increases during spring because as the weather improves, people are keen to start tidying up their properties ahead of the warmer summer months."

Historically, the council had preferred to educate in most cases, rather than take enforcement action, but its approach has toughened in recent years as backyard burning continued to generate large numbers of complaints.

This also applies to those caught breaching the rules at industrial and trade premises.

"Open burning at industrial or trade premises is not permitted under our Proposed Regional Plan and businesses breaching this rule now typically receive a \$1000 instant fine, rather than the warning they may have got previously."

"Only waste that is paper, untreated wood, cardboard or vegetation can be burnt."

Northlanders outside the Whangarei urban areas can still have outside fires, providing;

- They don't cause offensive or objectionable smoke or odour to neighbouring residents
- If the fire is going to last for more than 24 hours and it's within 100 metres of a smoke sensitive area, the person lighting it needs to notify all neighbours within 100 metres of the fire
- They don't obscure vision along a public road
- Fires only contain waste that is paper, untreated wood, cardboard and vegetation (or animal remains where the burning is on agricultural land). (This ability to have fires does

not apply during restricted fire season or fire bans)

The regional council is keen to encourage alternatives to backyard burning (regardless of location) wherever possible.

"Waste vegetation can be composted or mulched, larger branches can be used as firewood and paper and other materials can usually be recycled."

If waste vegetation is being burnt, a lot of problems can be easily avoided just by ensuring it has been given plenty of time to dry out, rather than burning it green.

However, even if some burning is allowed, council rules and national regulations specifically ban the burning of a number of materials on health and environmental grounds. These include rubber tyres, coated metal wires, treated timber, plastic containers, motor vehicle parts and waste oil.

"Those breaching the rules are liable for enforcement action which can range from instant fines of up to \$1000, abatement notices and prosecution - the latter with the risk of much stiffer penalties-through the courts.

General information on the rules around backyard burning is available by searching 'burning' on the council's website www.nrc.govt.nz

For more information contact: Tess Dacre, Compliance Monitoring Manager, Northland Regional Council

Ph: (027) 226 1726

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I've been thinking ... Iconic Stirring

Some things are best not messed with.

One of these things is apparently the iconic kiwi "Footrot Flats."

A Seven Sharp programme earned the ire of an acquaintance of mine when it showed a segment of Footrot Flats to illustrate 'give dairy farming a go'.

My acquaintance fumed. How dare they intimate that Wal was a dairy farmer when he was iconically sheep and beef? This showed no respect for the black singlet, a lamentable ignorance on the part of the townie tele journos, and a great misinterpretation of a significant and iconic work of art.

He lodged an official complaint with the TVNZ Complaints Committee and promptly forgot about the whole thing.

A month later he received a three page document outlining the reasons for declining to uphold his complaint with reference to Standard 6 of the Free to Air Television Code of Broadcasting Practice.

To summarise: The purpose of the standard is to prevent the public from being significantly misinformed. Wal is the epitome of a classic kiwi farmer and the Committee does not agree that the type of farm is material to the focus of the





item or that views would be misled.

Information about how to contest the decision appended.

Such heresy!

Acquaintance is considering taking the matter further. He enjoys the ridiculous.

RS

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The Long-Awaited All Electric Ute

LDV have launched the eT60 ute in NZ with the first shipment due later this year- with preorders running hot.

At this stage a single model will be available to the NZ buyer, with an 88.5kWh battery and a 130kW/310Nm permanent magnet electric motor driving the rear wheels. This offers a respectable 325km range, based on the stringent WLTP test regime, and a maximum braked tow rating of 1,500kg.

Specification includes a comprehensive suite of safety equipment, a 10.25-inch touch screen, 17-inch alloy wheels, superior quality leatherette seating, adaptive cruise control, and a useful 220V mains power outlet which will come in handy for tradespeople who can plug in electric drills and other tools when off-grid.

The \$79,990 drive-away pricing includes GST and all on-road costs- plus it qualifies for the Government rebate of \$8,625, which drops the price to \$71,365.

Judging by the attention the demo model received at Whangārei Grower's Market recently this is going to be a popular machine.





WORD PICTURES

Go paint a picture, said the teacher, Paint a picture with words.

Find words that are as soft as moonbeams on a baby's eyelashes, and as sad as the tears of motherless children, Find those words.

Write with words of wonder, powerful, pulsing paragraphs and scintillating sentences.

Go paint a picture with words said the teacher . . .

Go write a poem.

Write a poem that will soothe the hearts of the lonely, heal the souls of the sick, awaken a sleeping world . . .

Go write a poem!

A.B.

Paparoa Inc

At the end of July after a number of postponements due to lockdowns we were finally able to proceed with our workshop at Marua Farm in Ararua, with Adam and Laura Cullen hosting. The Cullens practise regenerative farming methods and Adam was an excellent tutor and was able to impart some of his vast knowledge. He not only gave us an insight into the importance of soil health but the knowledge of how to go about bringing these methods onto our properties whether

we are farming or gardening. If you are interested in any upcoming workshops we usually give first notices of them in our newsletter. Please get in touch, via facebook or pop in, if you'd like to be put onto our mailing list.

Looking forward, spring feels like it's arrived this year and we are busy planning and planting our spring/summer beds. It's a great time to be getting seeds started. A novel use for egg shells is to put in some potting mix and a seed and water regularly. Once the seedling is ready to plant lightly crush the shell so the roots can easily grow out and stick it in the ground. No need to disturb roots getting the plant out of the pot and a great way to get kids involved. If you'd like more tips come along for an hour on a Thursday or Friday between 10 and 1 and have a chat and get some hands on experience.

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Community Planting Day

A big thank you from Luke and Jenny MacDonald!

With a questionable weather forecast right up until the day before along with a date already moved once due to Covid we had initial concerns about the success of this day. Actually, we went to great lengths to avoid giving Covid to my 92-year-old Mother in Christchurch, and then she gave it to us!

I guess there is always a nervous feeling just prior to any event you organise, but concerns were soon allayed as the day unfolded into a glorious sunny morning against predictions and 16 good souls arrived.

It is very difficult to reschedule such events as many plants have already been put out and need to get into the ground to survive, people have made room in their calendar, food purchased, and a large amount of planning has come before it. It is with the assistance of several organisations that these events are a success. The Kaipara Moana Remediation program (KMR) is the most significant offering financial assistance as well as guidance. They are the largest landscapescale restoration program in New Zealand and come in with the view to increase the general Mauri of the Kaipara. Part of their brief is to use local accredited suppliers so to that end there were two

plant suppliers - Otamatea Harbourcare (Mark Vincent) and Rahui Gardens (Jacqueline Knight).

And then the 16 souls - lets discuss them for a minute. KMR representative (Tahiroa) arrived bright and early with his spade all ready to go. He also kicked his partner out of bed early and very kindly dragged her along as well. That's dedication, and she smiled all day long! There was a great bunch of friends turned up that we have met since moving here 17 months ago and we appreciated every one of them. Additionally, acquaintances and a few kind strangers so what a fantastic community we have. There were 1621 natives planted. I had spent 3 days placing them all as you would expect. Being a University Maths graduate I did some calculations, as you do. That's around 100 plants per head. But some people were not as fast as others needing a rest and some were doing other things like womaning the BBQ (is that against BBQ rules?). Let's say the equivalent of 11 active people, that's 147 plants per person. 3½ hours with 30 minutes for a cracking good hot morning tea makes it a plant every 1 minute 13 seconds. Now that's a GREAT rate in my book. Fantastic.

Thank you friends, community, and Jenny & Julie who fed us, and KMR for your help. Here's hoping we are not too late to start saving our little planet.

Luke MacDonald





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Out of hours books can be returned to the returns box inside the door to the right at Skeltons Drapery

Jas Futter Library Manager 022 678 1474

10

Barking Mad!

So, Jaspa the wonder dog had gone to doggie heaven... after 11 months struggling with cardiomyopathy, such a good boy taking 22 tablets a day and bouts of dreadful breathing. This is a terrible heart disease that takes two out of three dobermans at approximately age eight, losing a third of their potential life... very sad. He was our fourth dobie and we truly loved him.

Jump forward to three weeks later: Driving past the SPCA in Whangarei, Russ said, "Let's go and look at puppies, it will cheer us up". I said, "We aren't taking any home...". Right!

Next thing I remember is signing ourselves up for fostering puppies as they had over seven mummies that had had babies that needed fostering, and more that would be taken

from families due to neglect, worrying environments etc - if they had foster homes to place them in. Why wouldn't we help!?

That was a Wednesday... The next day Russ tells me that they have puppies for us to foster and could we come in! I wasn't ready to be a fur mummy again, but as Russ reminded me several times... I was the one to sign us up!

We picked up Ringo and Starr (Russ named them), two



malnourished very skittish, but beautiful black pups. They weren't sure on their age or breed but they were simply gorgeous. They had worms, kennel cough, and were in a bad way - and boy... skinny, oh sooo bony!

We loved them, cuddled them, fed them, took them regularly into the garden for play time, toilet trained them, and basically just spent time playing with them, to get them stronger and confident around humans again.

When I returned them, they weighed 1.5kgs more than their poor brothers who weren't fostered same amount of food, but shown, I imagine, more love and given more time by their human parents, in family home. It was hard letting them go, but we will know about their new homes and who they will be placed with.

returned home with Sonny and Cher (Russ named them too!) two five week old beardies.

They were on milk, tiny wee things... up at 5am with their crying, but crikey dick - I challenge anyone to not say how gorgeous puppies are! They rely on us humans and look to us to connect with and to simply be.

I encourage any mad dog nut bars out there to help the SPCA. You can volunteer in so many ways, give some \$\$\$, give time, or if you can, foster... or adopt. They are such an amazing organisation, been going over 150 years and do an incredible thing in our society.

Dr Melanie Miller





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Letters from The Old Post Office... Cheshire Cat

Dear Reader, I have said it before and I will say it again. Cats are a superior race. Probably from a different planet, sent to enslave the human race, and by and large they have succeeded. The late man in the shed was wound around the cat's paw despite his statements to the contrary.

Late night feeding of the feline was peremptorily demanded with an angry yowl and thanks was only ever in the way of a sharp bite. The soft as butter Doberman cringed at his feet (the cat's that is) and walked around the entire building to enter at another door. Even Lewis Carroll had an all wise, all seeing, annoyingly cryptic cat.

The Cheshire cat in "Alice in Wonderland" made many pertinent comments, pointers that many of us could take on board right now. My own offspring, for example, could

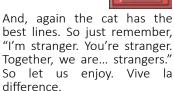
realise that "I am not crazy; my reality is just different from yours." And isn't that the truth. At the moment my reality is one of broken, leaking and failing

to meet their fit for purpose merchandise criteria. If a thing can leak, break, perish or just fail to deliver (and that's just me) it will. While for others their reality does not include finding that the locking device has blocked them into the car, so that they are forced to ooze like old toothpaste out of the window and into an undignified heap on the pavement, nor that their front door will not open easily in a nor-easter. Instead, their reality is of swanning up to a café, easing themselves elegantly onto the pavement with only minute adjustments of clothing. Or of opening their front door in a polite and mannerly fashion rather than being hurled backwards with the force of the wind and THEN apologising as the visitor has discovered the swallows' nest directly above the front door is, well, full of swallows who in their fright have evacuated.

And again, like the Cheshire Cat I find that "The proper order of things is often a mystery to me." The proper order of things is , according to the sainted offspring, that things are orderly. To their minds there should be no swallows' nests above the front door. That is dirty, irritating and disorderly. The proper order

of things is also to have a nice tidy, suitable car with four doors and no fun. One that does not swoop around corners like the swallows and is not

German. Whereas, order of things, ,despite my complaints (of which I have many) is that I love listening to the swoop and chitter of the swallows and do tend to snicker when they perhaps cause a momentary flicker of alarm to a visitor. Afterall, the birds have every right to live where they choose, we do. And, yes it can be difficult to find oneself locked into the car but it is really good exercise to shimmy one's way out. Just as good as yoga. And really, laughter is good for everyone, myself, that passing busload of children, the perennial roadside contractors etc etc. We all had a jolly good laugh. At me.



PS: R&H I hope this is as clear as mud. Otherwise please apply for a personal vocab list.





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Maungaturoto and Districts Rotary

Our Rotary Club has been hampered with the effects of Covid as a number of our fundraisers have had to be put on hold. However, we are looking forward to the results of our Quiz at the Maungaturoto Country Club. This has involved a substantial involvement with Otamatea High School as the proceeds are going towards the very

worthwhile William Pike challenge. More of this in next month's newsletter.

It would seem that the Rotary initiative of the Te Tai Tokerau Mental Wellbeing programme, offered by Cat Devine, has been taken up by at least one of the schools in our area. There are at least 60 schools in Northland who have signed into this. This programme requires the commitment of the staff and it is believed that it will have a very positive impact on our tamariki. This will be run throughout 2023 and our Club is hoping to be involved in some aspects of its presentation.

Our Rotary Club is part of District 9910 which extends from the North Shore to Vanuatu and Norfolk Island – a huge area for our District Governor to negotiate during his/her one year

> term. We were fortunate to have Matt Mcleod (our DG) visit us early in August and he was able to give us an insight into his plans for the year, for which our Rotary International (RI) President, Jennifer Jones, has set the theme "Imagine". Each RI President sets a theme that they hope will inspire and motivate Rotarians in the coming year (July-June) and this one enables us to let our imaginations run riot.

> DG Matt does not want us to place too much emphasis on meetings, but wants us to become more project centric. His aim is to connect each Club with District resources as new initiatives are tried. My Rotary provides a huge amount in the way of resources and the opportunity for free professional development. An important date on the Rotary Calendar is the NZ and Pacific Day of Action on September 24th. Each Club is expected to be involved in this in a manner which is most beneficial to the community. If your organization has any suggestions of ways our club can support your projects, please get in touch with a Rotarian.

> A highlight of the evening was the induction of two new members and the presentation of Paul Harris Sapphire (with 9 sapphires) to Bron Ellison who is our very able Treasurer but who is also involved in District Affairs. To receive a Paul Harris award is special so to receive this particular award, indicates a huge commitment to Rotary as an organization.

> Our President's Scholarship applications are now available. This Scholarship is open to any younger person (not necessarily at school) who is aiming to become better qualified. Forms can be obtained at Otamatea High as well as by post through P O Box 65, Maungaturoto 0547. It will close in late October. We have had some fantastic awardees in the past.

> > Eileen Parsons 021 142 0357 Maungaturoto & Districts Rotary Club



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Sustainable Kaipara will be running another free compost workshop September 17th, 1-3pm, in Paparoa.

The workshop covers the basics of hot and cold composting, worm farms bokashi.

Participants complete a simple audit of their household waste to qualify for up to 75% off a composting system of their choice. Plus they also get 8 weeks of mentoring and support before completing another audit.

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Books And Bookclubs

"Men are From Mars, Women are From Venus," a relationship advice book written by John Gray Ph.D. and published in 1992, puts it rather nicely. Men and women are different. Viva la difference!

While reading is not just the prerogative of women, Bookclubs do seem to be. Women are more likely to share their latest read over wine or coffee, tea and cupcakes while men are more likely to gather around "beersies" when books are the least likely topic of conversation. So to even things up a bit I surveyed the Pahi Bookworms (all female) to ask what books their menfolk enjoyed the most. No surprises that they read far more non-fiction than women and they read novels where the heroes are men set mostly in real-life situations, politics, crime, law, war, whereas women read books where the main character is a heroine, and much more romance is featured. Sugar and spice and everything nice versus snips and snails and puppy dog tails. Generalisations I know, but hey, "its about the facts ma'am, just the facts" -Dragnet TV series.

Research on gender memory difference by Matthew Schulkind supports my claim and to be clear, I am including males and females of any gender (do I have to explain?). Music on the other

hand has a language of its own that transcends any and all differences and can reach right into the hearts of all of us evoking emotions and memories and uniting us more than any other medium. My late beloved read endless non-fiction books on WWII, especially about Winston Churchill, Nazi Germany, the RAF, and anything on flying and sailing. His television viewing included the same so separate television sets were very necessary in our house and I suspect in many others

So here are recommendations from and for our men: John Grisham of course, suspense, mysteries, mostly in legal settings, his latest published this year, and available in audiobooks is "The Boys from Biloxi." Ken Follet's latest is "Never," a political thriller set in the near future, WWIII? "The Flying Farmer," by Bruce Galloway is one our rural community will enjoy, published in 2020, a memoir of New Zealand farming. A good mix of crime and country life are any of Dick Francis' best sellers, he wrote over forty, set in the world of horse-racing. There are plans underway for a television

series based on many of his books, to be titled "The Turf." (I think the girls might enjoy these thrillers too.) Isaac Asimov, a Russian/American, wrote almost 500 books in his lifetime, 1920-1992, mostly Science Fiction, including "I Robot." Another gone but never-to-be-forgotten author, and a timeless favourite among many readers, is Neville Shute, 1899-1960, who lived in his later years in Melbourne, Australia. His most well-known book would be "A Town Like Alice," which was also made into a movie.

So, all you amazing Martians, hopefully I have given you enough to get your teeth into, and with Fathers' Day this month, some gift ideas for us girls that just might be more appreciated than woolly socks.

Until next time: "Never put off 'til tomorrow the book you can read today."

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OCS September News

It's our third lunch since the big break caused by Covid 19 lockdown and its obvious people are happy to again

come out and meet up with their friends and neighbours and see some new faces too. It's so good to be back up and running and we feel bad that there had to be such a long wait. Let's hope we can make up for lost time.

Huge thanks go to our valuable leader and her team of volunteers for making this event go ahead. Also, the wonderful caterers who continue to provide beautiful meals. We, and the community, are very grateful to you all.

This month's dates:

Community lunch: Wednesday 7th at St John Hall, Hurndall Street. 10am morning tea, 12 o'clock lunch.

Shopping in Whangarei: Tuesday 13th and Wednesday 28th. The mini-bus leaves the Maungaturoto Retirement Village at 9am. Please wear your mask.

For enquiries about the community lunch, shopping trips or any of our services please phone us on 431 9080.

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From our family to yours Mole Work

When the water table runs so high it squelches over your boots, as the water sits and pools on hills; it can be a time of slippery complaints. Not I. I reach for my spade. To the untrained eye they may be called trenches, or

ankle breaking bog swales, but in the low spots in my garden I dig spaces where the water can sit. The beds (garden variety) rise above like mountains over the sea, and when the water dries up- in true Northland style, very quickly- I plant the first spring plants that can handle getting a soaking should it rain again.

When I reach for the spade, it is declared by the MOTH (Man Of The House) that once more, I am up to "mole work". Or is that, down to mole work? I'll take it as a compliment, assuming naturally that moles are both hard working and cute creatures. Knowing nothing about moles, I prefer to remain ignorant so as to receive the compliment.

> Not that I am first to discover the concept of swales, or terraced gardens, generations of Asian cultures and billions of tonnes of rice go long before me, but its such a satisfying job. If you enjoy being up to your knees in mud.

> I spoke to a friend, who got a new lawnmower and couldn't wait to get out and (possibly sink) as she mowed strips of satisfaction on her piece of paradise. And I can understand the sentiment. Such satisfaction does the MOTH find in lawn mowing that I cannot attempt to remove the job from him, so that's why I'll stick with moving dirt and guiding water.

Have a wonderful September Paparoa!

Jenny



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Pets in the Valley



Several years ago when we were doing renovations in the Ruawai clinic I had a large cage built. I wanted one you could walk into, carrying a large dog, with enough room to be able to do treatments on the animal in the cage if necessary. Over time many dogs have stayed in the big kennel but it has also been very useful for other species. Sick calves that needed to be on intravenous drips are fairly regular guests. It is so much easier to keep monitoring them in the clinic than on farm and you can keep the room heated which helps improve outcomes. Meredith even had a sick foal in there one weekend. A few sheep have passed through and a couple

of large goats have stayed surgery.

This week had a very pretty pair end up in the kennels. A sick cria (baby alpaca) was in for x-rays and a new-born lamb had a wonky leg splinted and they ended up hanging out together for a



while. It made me think of the book "Are You My Mother?". Who knows what else may end up coming to stay in the big kennel! Take care, Janine





It's A Dog Thing

My Dog Knows What I Want But Just Won't Do It

Have you ever said this sentence? I have! It was frustrating when my dog wouldn't sit or come back when I asked. Here's some knowledge that will help you work through most stumbling blocks you have with your dog.

Learning something can be broken down into a few phases - I liken it to learning to write. First we learn letters then words and then how to make sentences, the more letters your dog understands, the more words and sentences you can create.

Show To begin we Introduce an idea, so the dog understands how to respond to a signal. This usually involves using a lure or a clicker to guide the dog to do what we want. Then you start to 'generalise'. Here we go through the same process we used to introduce the signal/response in different 'quiet' places, so our dog starts to connect that the 'signal' requires the same response everywhere.

Grow Once the dog is reliably giving the same response you can begin to 'proof' the response in situations or with things that may distract your dog. Here's an example: Now that my dog knows what 'sit' means and can perform a sit when there's nothing it finds distracting, I can start adding the distractions one at a time. For example, sit when another person is watching. The point of difference is all my generalisation has been done on my own as my dog loves people, so another person is quite distracting. Every dog will find different things exciting or 'scary' enough to cause a



distraction.

Know Each task will take a different amount of time to perfect before adding it to the 'know' category. Once this group starts to grow you can add them together to create a 'chain' (or sentence). Here's an example of a 'chain' with each task in this list 'shown and grown' separately.

- *Leave it = Give me your attention, stop looking at the cars going by
- * Wait = stay there, it's not safe
- *Come = return to me now and be caught
- * Walking = walk beside me, we are going somewhere

We can find information to help with the 'show' phase. Working through the 'grow' phase will take a lot of time, patience, and hard work from you, noone else

can do this portion of the work for you. Once you get through the 'grow' phase you will both have so much confidence and understanding with each other the 'know' phase will be a launching pad for your next adventure.

Thanks for reading.

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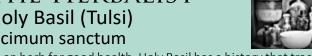
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As an herb for good health, Holy Basil has a history that traces back more than 3,000 years to ancient Ayurvedic texts.

Since then, it has had a variety of uses, including supporting a healthy response to stress, helping maintain already-healthy

blood sugar levels, promoting longevity, nourishing the mind, and elevating the spirit.

In addition, Holy Basil is classified as an adaptogen - an herb or mushroom that helps balance and restore the body.

Traditional health benefits of Holy Basil include: stress support, brain and cognitive support, immune support, and foundational support. Vickv





Science Corner

"Health is one of the Greatest Medical Mysteries"

Why do some people get the flu or Covid and others living with them stay healthy? I do not know why and I am guessing neither do most of the experts.

In fact, it is a mystery why most of us stay healthy most of the time since we are surrounded in bacteria, viruses, and other nasty organisms.

One of the reasons is the defences that our bodies have, to combat these enemies. One arsenal in defence system is called lysozyme.

Lysozyme is an antimicrobial enzyme which causes lysis (breaking down) of bacterial cell walls and is found in lots of places on the human body – such as tears, human milk, mucus, and saliva (and egg white!).

The concentration of lysozyme in human milk is over 1600 times greater than that found in animal milk. A transgenic line of goats, with the founder goat called Artemis, was developed to produce milk containing the human lysozyme to help feed babies that could not be breast fed, and help protect them from diarrhoea!

Lysozyme works well on breaking down the cell walls of Gram +ve bacteria like Bacillus and Streptococcus but not all pathogens.

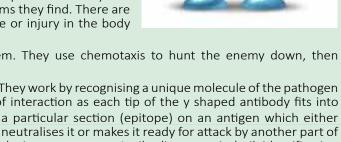
Too much lysozyme which can occur in some types of leukaemia is not a good thing and can cause problems with the kidneys.

A second arsenal in our body's defence strategy once the nasty pathogens get inside our body are leuckocytes (white blood cells made in the bone marrow).

These little amoeba-like cells circulate in our blood (and can propel themselves) and body fluids and counteract foreign substances and disease organisms they find. There are different types of these little cells. Any inflammation from disease or injury in the body triggers production of these little helpers.

These leukocytes capture and engulf pathogens, destroying them. They use chemotaxis to hunt the enemy down, then phagocytosis to destroy them.

Antibodies are a third arsenal, used by the human immune system. They work by recognising a unique molecule of the pathogen (bacteria or virus) called an antigen. This is a lock and key type of interaction as each tip of the y shaped antibody fits into



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PH GRAHAM 027 244 5430 neutralises it or makes it ready for attack by another part of the immune system. Antibodies are an in-built identification system that aids leukocytes in capturing and working out what is the enemy. Once you have had a disease your body will have built up a memory of antibodies which can be reproduced when needed.

Unfortunately, the nasty flu virus (and maybe the corona virus) has adapted in a way that it tricks the system by changing sufficiently to become unrecognisable to the antibody register and thus causing mayhem.

This is by no means, all the ways in which our bodies help to keep us healthy and is only a very brief glance at a very intricate system and goes no way into explaining why some of us get sick and others stay healthy.

So, the mystery remains.

Stella





September Gardening Notes

This month can be referred as the 'Hungry Gap'- winter crops have come to an end and spring crops aren't yet ready. One way of counteracting this is to, in late autumn, plant broad beans, peas, brassicas, spinach and silverbeet. These are all good vegetables that continue to be picked fresh as and when required.

Good soil preparation is imperative if you are going to 'reap the fruits of your labour'. As one scientist put it, "without soil we'd be hungry, thirsty, naked, homeless and breathless". If you haven't already done so dig in winter growing green crops and apply a layer of mulch - allowing it time to break down. Add compost and fertiliser now and let the ground settle for a while before planting. Tomatoes in particular like a well-settled soil.

Bees are great pollinators, playing a key role in producing a lot of the food we eat. Plant 'bee friendly' plants in various spots around the garden. These can include herbs including borage, lavender and rosemary, or natives like pohutukawa, hebes, cabbage tree, and rata. Also shrubs such as honeysuckle, citrus, bottlebrush, and winter flowering camellias or flowers - sunflower, sweet pea, lachenalia, late winter flowering bulbs and geraniums.

If using chemical sprays ensure its late evening after the bees have gone to bed.

Bees get thirsty so provide fresh water in your garden for them to drink.

The bee collects honey and pollinates the flowers in such a way to do the least damage or destruction leaving them whole, undamaged and fresh just as they found them.

An economical method to assist whitefly eradication is with an empty yellow container, cut off the flat side and scrape the labels off. Make a hole in the top and rub the side with vaseline and hang it in the garden. The yellow colour attracts the white fly which gets trapped on the vaseline.

Potatoes can now be chitted which is the process of forcing seed potatoes into growth before they are planted out. You can lay them with the 'eyes' uppermost on newspaper, straw, in seed trays or egg cartons, in a dry airy place out of direct sunlight. They are ready for planting when the sprouts have reached 2 cm in length, then rub off all but the best 4 shoots from each tuber. Chitting is not essential but hurries things along and reduces the chances of seed spuds rotting in the ground. Planting out unchitted will take 2-3 weeks for the potato to begin growing and send out shoots. Chitted potatoes will crop much earlier- maybe in time to serve with Christmas dinner.

Pub Closing

You may have heard the sad news that The Thirsty Tui in Paparoa will be closing it's doors on September 11th.



It is for sale however and all the details are on Trade Me Property ID#: HVP578.

There will be a "Goodbye" party on Saturday September 10th from 5pm, and maybe even a bit of a jam session.



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OUT & ABOUT AROUND TOWN

Paparoa's Farmers' market happens every Saturday morning, 9am - 12 at the Village Green. Fresh fruit & veges, sweet treats, plants, olive oil, fish, preserves, live music and so much more. A great place to catch up with friends or make new ones.

Flax Weaving At Shop & **Brew** on Sundays. Bring some flax and learn under Naadi's tuition. Feel free to come in and try it out.

Artisan Market Sunday Every month. Paparoa Memorial Hall 11.30 - 3.30. Next market Sept 25. Email artisanmarket.paparoa@ gmail.com or ph Steph 027 452 7124 or Ruth 021 433 969.

Grow Whakatipu Paparoa Drop in for a chat, hands on experience, or a cuppa. Every Thursday & Friday 10am-1pm.

It's a shame to see the local watering hole closing. Hopefully the staff can find new jobs and the patrons don't have to resort to clandestine meetings over moonshine...



Doreen Skelton

Doreen passed away on 12 August 2022 at the age of 90. She was born in Whakatane but lived in Paparoa when she was young and started school here.

The family went back to Whakatane and in her 20's she visited a neighbour from years earlier, Ron Skelton. After a short romance they were married. Together they had three children and in 1967 opened Paparoa Drapery where she worked full time until finally retiring just five years ago. Doreen has a long history with Paparoa, living here for the last 63 years.

She is survived by her children Robyn, Peter and Glenda, eight grandchildren and three great grandsons.

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Joseph Edward Trembath

Ted passed away on the 26th of July aged 89, having lived in Paparoa from 30/5/1968. Ted was a hard worker, a well known shearing contractor and farmer.

He was involved with lodge, Otamatea Repertory Theatre and the ukulele group.

Ted is survived by his children Stuart, Josephine, Roger and Lachlan and Anisher. Much loved and missed by his loving family. Peg Trembath

Jim Duffy

It is with sadness that we record the passing of Jim Duffy who has lived at Matakohe for the last 24 years. Jim and Sharon had a great life together, including some memorable time in Australia, raising their three sons, and more recently watching their three grandchildren growing up.

Jim was a self-taught guitar player who loved a good sing along, and was a founder of the group The Eccentric Ukes who played their ukuleles at events such as the Wearable Arts Gala, Pioneer Luncheon and many other charitable functions.

Jim and Sharon also took over the running of the Matakohe Music Makers when Janine Paton left the area, and they enjoyed many great evenings of music initially in the Gumdiggers Café and then the Cruiser Café.

Jim was a generous, outgoing, friendly man who was always willing to help out in the community, giving freely his time and energy to play for the elderly in rest homes, as well as being a wonderful husband, father and grandfather.

He will be missed.



The fantastic, community volunteer built, walking and cycling track at the showgrounds.



People who walk their dogs on this track (and other places) and don't pick up after them...



WHAT'S ON - SEPTEMBER 2022

The Kauri Museum open 7 days, 9am-5pm The Kauri Heritage Festival - Sat 15 Oct, 10am - 5pm. See ad p5 Paparoa School Possum Purge - Gala Day & Prizegiving, Sun 11 Sept,. See p20 Meet the Candidates - Wed 14 Sept, 7pm, at the Hall. See p2&3 Working Dog Training Day - Sat 1 Oct, 10am. See p10

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

Ararua Church 10.30am every Sunday. All welcome Ph 431 6622 Art Studio, Ruawai Wed 10-12noon ph Frances 439 2554 Badminton Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163 Exercise to Music Tue 10.30am Paparoa Hall \$5 Ph Janice 021 0282 0969 Farmers' Market Every Saturday 9-Noon, Village Green, Graham 027 475 4490 Grey Power Last Wed in month,1pm, Anglican Church Hall, Maungatūroto Grow Paparoa Thur/Fri/Sun 10am to 2pm at the Community Gardens Holy Trinity Anglican Church, Maungaturoto, 1st & 3rd Sundays, 10am; 2nd & 4th Sundays, 4pm. All welcome

Anglican Church St Marks 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa

Kaipara Marching Team Weds 4-5.30pm, M'gto, Ph Lyn Hutchings 022 070 8674 Line Dancing Thurs 10am-noon Paparoa Hall Ph Jackie Cornes 027 368 7298 Mainly Music Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520 Matakohe Garden Circle 1st Weds each month, 1pm, J Mackinnon 431 6689. Maungaturoto Opportunity Shop Open Mon 10-1pm Wed 10-3pm Fri 10-3pm Maungatūroto and Districts Rotary Club Maungatūroto Centennial Hall,

Tuesday evenings 6pm, Ph Stella 021 149 0877

Otamatea Quilters 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262 Outdoor Bowls Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884 Pahi Hall available for hire Ph Tina 0210335128

Paparoa Community Church Sundays 10.30am, 4 Hook Road, 431 6795 or Dave Porteous 0274 180 676

Paparoa Garden Circle 2nd Wed of month. Contact Raylee Over 431 6880 Paparoa Hall Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290 Paparoa Library Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12. Manager Jas Futter 022 678 1474. Returns Box at Skeltons

Paparoa Lions Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion Paparoa Playcentre Tuesday and Thursday 10am-1pm Visitors Welcome Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz Paparoa Primary School Term 2 May 3 - July 9, Term 3 July 26 - Oct 1. 4317379

Paparoa Toy Library Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330 Paparoa Volunteer Rural Fire Force (VRFF) 1st and 3rd Monday of the month 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042

Plunket Ready Steady Wriggle Mon 10am Sports Pav. Tina Ball 021 033 5128 Selwyn Centre Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224 Sports Pavilion Functions Venue Bookings ph Jane Bailey 431 6148 St Mary's Catholic Church Maungaturoto 10am Wed, 4pm Saturday Table Tennis Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822

Tennis No play for winter. For info ph Sue 431 6224, or Pete 021 056 7163 Yoga For Everyone Monday 6-7pm Maungaturoto Hall, Tuesday and Friday mornings 9.30am Paparoa Sports Pavilion. Ph 027 294 4855

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz

Paparoa Press 🖭



CLASSIFIED ADVERTISING

Paparoa Garden Circle

2nd Wed of the month Meet at the Village Green for trading table and carpool to visit gardens, have lunch, usually back by 3pm. All welcome to join our friendly members. paparoagarden@gmail.com

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LOCAL TIDES for September 2022

TIDES - CALCULATED for PAHI-WHAKAPIRAU						
DATE	LOW	HIGH		DATE	LOW	HIGH
1st	7.47	14.05		17th	9.13	15.41
2nd	8.29	14.49		18th	10.05	16.42
3rd	9.18	15.41		19th	11.13	18.01
4th	10.16	16.47		20th	12.35	6.29
5th	11.28	18.08		21st	13.49	7.45
6th	12.48	6.45		22nd	14.43	8.45
7th	14.03	8.04		23rd	15.25	9.31
8th	15.05	9.11		24th	16.01	10.09
9th	15.58	10.06		25th	17.34	11.44
10th	16.44	10.54		26th	10.07	12.17
11th	17.27	11.38	ì	27th	6.28	12.50
12th	18.08	12.19	Ĕ	28th	7.03	13.25
13th	6.33	12.58		29th	7.41	14.02
14th	7.12	13.35		30th	8.21	14.42
15th	7.50	14.13				
16th	8.30	14.53	2			

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576 Paparoa Clinic: Open Tues and Thurs 8am-5pm....... 09 431 7222 For urgent after hours medical service (Wellsford)..... 09 423 8086 Healthline - 24 hour service...... 0800 611 116 Mangawhai Office...... 0800 100 388 KAIPARA PHYSIOTHERAPY Lyndsay Bargh/Lynne Rhodes...09 4391656 LINKING HANDS Health Shuttle Service, Maungaturoto.09 431 8969 LIONS CLUB PAPAROA President Jim Rowlands........... 09 431 7290

MAUNGATUROTO PHARMACY 09 431 8045 OTAMATEA COMMUNITY SERVICES Community House 09 431 9080 PAPAROA LIBRARY Free Membership. ContactJas 022 678 1474 Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12 PAPAROA PLAYCENTRE paparoa@playcentre.org.nz PAPAROA PLUNKET .Plunket Nurse Louise 027 2823987 or 09 438 2508 **PLUNKET** Helpline 0800 933 922 PROGRESSIVE PAPAROA INC (PPI)Graham Taylor.... 027 475 4490

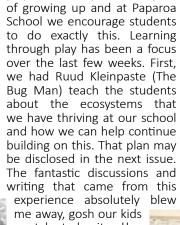




After four weeks of living in the community, I still have to pinch myself when looking at the views on my drive to work each morning. Even when it's foggy, it's like being on top of a marshmallow.

My friends in the Waikato

are a bit over the facebook photos of the sunrises and sunsets, but how can you not!! Then we get onto the current weather phenomenon, THE RAIN!! I kept getting told that this is quite unusual, I guess I am going to have to wait a full season to believe you all. However, the kids at school have loved creating a huge mud puddle and creating moats in the sandpit. Learning through



play is an important aspect

are talented writers!!

Next came the Space Planetarium and Mars Robot. giving our students an authentic experience with the planets and current expeditions from NASA. Wow, inside the planetarium was like sitting on top of earth and watching outer space drift by.

Providing these opportunities for the students is such a

necessity, allowing them to learn about the world around However, knowing and understanding their community and its history is also important which is why the school is currently developing the Aotearoa NZ Histories curriculum.

Fundraising is currently a major focus at the school, thank you to those who came to the Quiz night, I hope you all enjoyed the night and helping us raise money for our outdoor spaces.

Currently organization for the Possum Purge is underway, please see the information in this edition of the Paparoa Press.

For those of you in the community I have met, thank you for your warm welcome. Paparoa School is a gem and I consider myself extremely lucky to be the Tumuaki of this precious school.

Nga Mihi

Karyn Taylor Principal



REGISTRATIONS CLOSE 12PM ON THURSDAY 8 SEPTEMBER 2022



12TH ANNUAL PAPAROA

POSSUM PURGE

GALA DAY and Prizegiving from 11 AM Sunday 11 SEPTEMBER

BBQ, Bouncy Castle, Fire Engine Games, Prizes, Raffles & Stalls

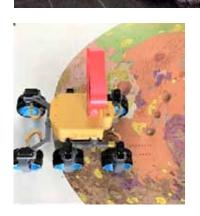


SHOOT OR TRAP

per Entrant, 4 per Team, School Age Children Free

Pick-up an ENTRY FORM: Paparoa School The General Store The Thirsty Tui









Peter Clark

Ph: 0276 713 416 petethebuilderltd@gmailcom

582 Pahi Road, R D 1, Paparoa, 0571 A/hrs 09 431 6005

Keith the TV Guy Freeview digital TV



20 TV and 9 Radio/Music channels are currently being transmitted.

Satellite dishes, decoders, cable etc., supplied and installed.

09 431 7143 or 021 239 4251





09 431 8705 021 161 2344

kenurquhart@xtra.co.nz